

EDI Co-production Panel Member Role Description



The Equality, Diversity and Inclusion (EDI) Co-production panel is looking for volunteers with lived experience of mental health to join our panel and help us develop services and activities at West Sussex Mind. Our mission is to work with a diverse group of individuals to ensure that our services are accessible, fit for purpose and engaging for people from all backgrounds and communities.

If you have **lived experience with mental health, are a good communicator and passionate about improving mental health services** then this volunteer role may be the right fit for you. Your mental health being at a point of relative stability, giving you the resilience to thrive in this role and enabling you to meet the required time commitment.

Role and responsibilities:

- Regularly attend online Panel Meetings, which are held on Tuesdays from 5.30 -7pm every 6 weeks. Occasional face to face meetings occur at our Head Office in Worthing. Hybrid access available to attend online if required.
- Participate in group discussion to share ideas and provide feedback for various services, activities and policy work.
- Opportunities to participate in public speaking events and in video content for social media/WS Mind website are available but not mandatory.

At West Sussex Mind we are people focused and we are able to provide opportunities for learning with online training and real life working experience.

Support is available to access this role if there are any literacy barriers.

Benefits of being a West Sussex Mind Peer Volunteer:

- Welcome you to West Sussex Mind with a package of training and information needed to carry out the role.
- You will meet new people, have the opportunity to learn new skills and take part in regular in-house training.
- We will reimburse pre-agreed expenses in line with West Sussex Mind's policy.
- We will check-in regularly to ensure you are enjoying your volunteering role.
- Opportunity to play a vital role in how West Sussex Mind develops services.
- Opportunity to develop skills and confidence around supporting others which could lead to wider volunteering or work in the sector.

