

‘FriYay’ Online Group Facilitator

Volunteer Role Profile

A time for fun, maybe learn something new, eat some lunch and enjoy being with like-minded people. You can share any news or some mood boosting enjoyment. This online group is open to all Service Users at West Sussex Mind.

What's involved:

Volunteering for 1 hour a week to facilitate the group and 1 hour preparing activities in advance:

- Welcoming attendees into the online group and hosting the session to create a social, inclusive and fun environment
- Preparing a range of activities to do within each session including quizzes, word games, music activities, collaborative/teams game
- Hosting the activities within the session and facilitating conversation within the group
- Reporting back attendance and any issues raised in the session to the social activities coordinators

What we ask for:

- That you are practical, caring, considerate of others, empathetic and patient.
- That you are a confident communicator with good listening and facilitating skills.
- Have an enthusiasm for working with people
- Competent technical skills to deliver this group online and understand workings of Zoom
- Understanding or lived experience of mental health needs desirable, this is not essential for the role.

How we help our volunteers and benefits

1. Welcome you to West Sussex Mind with a package of training and information needed to carry out the role.
2. You will meet new people, have the opportunity to learn new skills and take part in regular in-house training (also the opportunity to gain the leadership in running qualification mentioned above).
3. We will reimburse pre-agreed expenses in line with West Sussex Mind’s policy.
4. We will check-in regularly to ensure you are enjoying your volunteering role.

Our Values

- We are equitable
- We are open
- We work together
- We are curious
- We are unstoppable
- We strive for excellence

Volunteer Recruitment Process

For selected applicants there will be an interview with the Service/Project Managers

If successful, 2 references will be requested as part of the recruitment checks and essential 5 e-learning modules will be required to be completed before starting in the volunteer role.

Because the role involves working closely with vulnerable people, we need to take up two references and an Enhanced Disclosure and Barring Service check.

Support will be available for any technical, language or literary support required.

For more information, please email socialactivities@westsussexmind.org or volunteering@westsussexmind.org