## Warm spaces in Arun

Warm Spaces are somewhere you can go to get warm, stay warm and enjoy a little company. In some you'll also be able to get refreshments, take part in activities, crafts and receive advice and signposting to local services.

With many people feeling the pressure because of increased heating costs and the rising cost of living, our Warm Spaces network aims to support residents across the district. You stay for as long, or for as short a time as you wish (within their opening hours).

Location / Contact	Details
<b>Arundel</b> St Nicholas Church London Rd, Arundel BN18 9AT	Monday, Tuesday, Wednesday 9.30am to 12.30pm
01903 882262 (9.30 to 2.30)	Chat and free refreshments.
<b>Barnham</b> Barnham Community Hall Yapton Road, Barnham PO22 OAY 01243 278110 or	Coffee Morning Wednesday 10am to 12pm Plus groups throughout the week such as knit and natter.
07714 456482 <b>Bognor Regis</b> B.R.A.G Claremont House, West St, Bognor Regis PO21 1UD (Opposite the Bognor Regis Foodbank) https://grandadsfrontroom.org. uk/	Tuesday, Wednesday, Thursday, and Friday 11am to 4pm. Refreshments, advice and signposting, activities. All welcome.
<b>Bognor Regis</b> Salvation Army Canada Grove, Bognor Regis PO21 1DN 01243 870243	Tues 9am to 11pm Wed 11am to 1pm Free Wi-Fi, parking, accessible toilets, food, and hot drink, charging facilities, child friendly.
<b>Eastergate</b> Eastergate Village Hall Barnham Road Eastergate PO20 3RP 07849 356097	Tuesday 10am to 12.30pm Wednesday and Friday 10am to 1pm Free wi-fi, good company, refreshments.
East Preston	Monday 12pm to 4pm



Location / Contact	Details		
<b>Ferring</b> St Andrews Church Hall Church Lane, Ferring BN12 5LL	Mondays 2pm to 5pm Enjoy a hot drink. Bring your		
	knitting, book, game or just have a chat.		
Ferring Ferring Baptist Church Greystoke Road, Ferring BN12 5JL	Thursdays 1pm to 5pm • child friendly • games, reading • free refreshments • disabled access • free wi-fi		
Littlehampton Turning Tides Hub Littlehampton United Reformed Church, 1 High Street, Littlehampton, BN17 5EG (access via St Martin's Car Park) 01903 680740 Ext: 239	<ul> <li>Monday to Friday 9am to 11am</li> <li>hot breakfast, hot drinks, toast, cereal etc</li> <li>internet access</li> <li>access to showers</li> <li>access to washing and drying facilities</li> <li>emergency food provision</li> <li>access to clean clothes</li> </ul>		
<b>Littlehampton</b> Creative Heart Beach Road, Llttlehampton BN17 5HT office@creativeheart.org.uk	Tuesday to Saturday 9.30 to 4pm We are also a warm space where you are welcome to come and relax, play games, colour, or chat with free refreshments.		
<b>Middleton on Sea</b> The Sports Pavilion Shrubbs Field, Middleton on Sea PO22 6DZ	Monday to Friday 10am to 3pm Community café and warm room, offering free hot drinks, soup and biscuits. All welcome.		
Wick Wickborne Centre Clun Road, Wick BN17 7DZ	Monday to Friday 9am to 5pm		
https://www.arunchurch.com/wick- bourne	We're open for anyone to come in and relax. There are various activities for families during the week, plus we have pre-school		

East Preston Parish Council and the Royal British Legion The Street, East Preston BN16 1JL	(until 27 March) Soup and a roll, tea, or coffee – free. Games, advice, and good conversation always available.	bourne	week, plus we have pre-school playcentre and Refresh coffee shop on site.and Also support services including Early Help and CAP Debt Help.	
01903 770050 warmspace@eastpreston-pc.gov. uk	Booking essential.	Wick Garden Room Café – Wick Information Centre Beaconsfield Road, Wick	Tuesdays and Thursdays, 10am to 12pm Coffee, fresh cakes, biscuits and a	
<b>Felpham</b> Felpham Community Hall Meaden Way, Felpham PO22 8FA 01243 827470	Thursday and Friday 10am to 2pm (more days being added soon) Free hot drinks, snacks, and Wi-Fi in our Warm Space lobby area. Work from here, join activities or just keep warm.	BN17 6LW Enter through the gate on Beaconsfield Road, behind All Saints Church and opposite Lyminster school.	<ul> <li>warm welcome!</li> <li>children welcome - colouring books and jigsaws</li> <li>signposting and information - including Age UK and Citizens Advice</li> <li>disabled access with room for a wheelchair</li> </ul>	



